

## Report on UN International Day of Peace on September 21, 2018 at GRIET.

Dr.Mohd.Hussain,Professor and Dean-Life Skills and Outreach has addressed students of Civil Engg., ECE and CSE.Peace has three components:Inner Peace,Outer Peace and Peace from Acts of God.Inner Peace is individual responsibility to maintain peace in all trillions of body cells.

**Insight of Psychological Deep Learning** is to access the **INNER CORE OF DIVINITY** (like accessing the white flesh of coconut) by **deductive reasoning** of non-identification of nonattachment and nonpossessiveness with body (like outer cover of coconut),mind (like inner coir)and intellect (like hard shell ).

**Farsight** is to visualize the transcendental source of cosmic energy that nourishes all including Body, Mind and Intellect; like fans,bulbs etc.get electrical energy from the outside source of electricity.

" **All senses Use**" stops the cognitive errors( also known as sensory processing disorder) due to the disintegration of senses(sensory dominance). Usual Left Brain Dominance ( conditioned mind with selective perception) stops by the use of Right Brain in creative Imagination,nonverbal intuitive listening & spatial three dimensional observation during the processes of Listening and Observation in daily life. Mindfulness is to observe without judgement, of how we walk,talk,listen,read,write,drive,eat etc.from moment to moment.Brain neural connectivity needs to be improved during the updating processing of listening and observation in daily life.

Wonder Quotient is to be improved. The compound eyes of dragon fly and its participation in the pollination process are real wonder. The image of distant galaxies photographed by Hubble Space Telescope and the blood cells as seen in Electron microscope are wonders.

Social responsibility as felt by Dr.Einstein needs to be felt for improving one's own health as definition of health as per World Health Organization is " complete physical wellbeing, complete mental wellbeing and complete social wellbeing ". Harmony of higher order Thinking,Feeling and Doing (that correspond to three parts of Brain) is needed for Outcome based Education.We all have taken birth from the same source and die to the same source.Our body's trillions of biochemical actions per second are monitored by the same source of infinite intelligence.This is applied spiritual intelligence.

**www.sipri.org** gives the details of weapons of mass destruction. We pray for peace for all 700 crores of people in all 199 nations of the world.

**Peace! Peace! Peace!**